



Code of Conduct for athletes (18 and over)

As a member of our club, we understand you have the right to:

- Feel safe and know how you can raise concerns.
- Be listened to.
- Be involved and contribute towards decisions within the club or activity.
- Be respected and treated fairly by every member of the club.
- Feel welcomed, valued, and not judged based on your race, gender, sexuality, faith, ability, or any other relevant characteristic.
- Be encouraged and developed with our help and support.
- Be looked after if there's an accident or injury and have your emergency contact / next of kin informed, where appropriate.

As a member of our club or activity we expect you to:

Essentials

- Be aware of Wavepower and adhere to relevant guidance.
- Adhere to the Swim England regulations, Code of Ethics, Club Constitution, and rules.
- Respect your coach, behave responsibly, and speak out when something isn't right.
- Let someone know if you are leaving the premises (at either training or a competition).

This is important for our adult members as well as those under 18 to know that you are safe at all times.

- Let someone know if you're running late, particularly at a competition where it may impact on other members.
- Let someone know if you have any difficulties attending training or competitions.
- Support and encourage your teammates.
- Respect volunteers and competitors at competitions.
- Respect the club directors, coaches, and all volunteer helpers at the club at all times.
- Bring the right kit to training and competitions.
- Take care of our equipment and premises as if they were your own.
- Get involved in club decisions, it's your sport too.

Behaviour

- Follow the rules of the club, squad, or activity at all times.
- Respect and celebrate difference in our club or activity and not discriminate against anyone else on the grounds of age, gender, race, sexual orientation, faith, ability, or any other relevant characteristic.
- Understand that the use of abusive or inappropriate language, bullying, physical violence, or any other behaviour which hurts others will not be tolerated by the club.
- Respect the privacy of others, especially in the changing areas.
- Not use any mobile device, at any time, in the changing areas.
- Report any concerns you have about someone taking photographs or footage of others in the changing areas or poolside.
- Report any incidents of bullying or unkind behaviour to the club, even if you're just a witness.
- Make our club and activity a fun, happy, friendly, and welcoming place to be.
- Respect that at all pools that outside shoes must not be worn in the changing rooms.
- Not disrupt the training of others.
- Treat other swimmers with respect and appreciate that everyone has a different level of skill or talent.

- Respect the authority of officials and follow the rules of the sport if questioning decisions.
- Understand that poor behaviour may result in the club taking disciplinary action against you. Any behaviour which may be a criminal offence will be reported to police by the club.

Membership of Chelmsford City Swimming Club conveys acceptance of the Code of Conduct.

Breaches of this Code of Conduct may result in disciplinary action being taken against you by the club directors and any behaviour which may be a criminal offence will be reported to the Police and or any other relevant authority, by the club.