RACE SCHEDULE

SATURDAY 31st OCTOBER 2026

Session 1

Warm-Up for Male / Open	1:30pm
Warm-Up for Female	1:50pm
Start	2:15pm

Event 1	Male/Open 400m Freestyle
Event 2	Female 400m IM
Event 3	Male/Open 50m Backstroke
Event 4	Female 50m Breaststroke
Event 5	Male/Open 100m Butterfly
Event 6	Female 200m Backstroke
Event 7	Male/Open 200m Breaststroke
Event 8	Female 100m Freestyle

Session 2

Warm-Up for Male / Open	TBC
Warm-Up for Female	TBC
Start	TBC

Event 9	Male/Open 200m IM
Event 10	Female 50m Butterfly
Event 11	Male/Open 50m Freestyle
Event 12	Female 100m Breaststroke
Event 13	Male/Open 200m Butterfly
Event 14	Female 200m Freestyle
Event 15	Male/Open 100m Backstroke

SUNDAY 1st NOVEMBER 2026

Session 3

Warm-Up for Female	1:30pm
Warm-Up for Male / Open	1:50pm
Start	2:15pm

Event 16	Female 400m Freestyle
Event 17	Male/Open 400m IM
Event 18	Female 50m Backstroke
Event 19	Male/Open 50m Breaststroke
Event 20	Female 100m Butterfly
Event 21	Male/Open 200m Backstroke
Event 22	Female 200m Breaststroke
Event 23	Male/Open 100m Freestyle

Session 4

Warm-Up for Female	TBC
Warm-Up for Male / Open	TBC
Start	TBC

Event 24	Female 200m IM
Event 25	Male/Open 50m Butterfly
Event 26	Female 50m Freestyle
Event 27	Male/Open 100m Breaststroke
Event 28	Female 200m Butterfly
Event 29	Male/Open 200m Freestyle
Event 30	Female 100m Backstroke